EVENT DESCRIPTION SHEET

PROJECT	
Participant:	5 – Kolleg für Management und Gestaltung Nachhaltiger Entwicklung (KMGNE)
PIC number:	958634414
Project name and acronym:	Youth Shaping Europe's Tomorrow — U4EU 2.0

EVENT DESCRIPTION	
Event number:	5
Event name:	Workshop on Transformation and Sustainable Development, Climate Change and Democracy
Type:	Workshop
In situ/online:	in-situ
Location:	Karnitz, Neukalen, Germany
Date(s):	29/05-30/05/2025
Website(s) (if any):	https://www.u4euproject.eu/news-events/ ; https://kmgne.de/blog/2025/06/12/junge-europaeerinnen-diskutieren-klimakrise-und-demokratie-beim-internationalen-workshop-in-karnitz/
Participants	
Female:	32
Male:	16
Non-binary:	4
From country 1 [Germany]:	27
From country 2 [Greece]:	3
From country 3 [Spain]:	3
From country 4 [Bulgaria]:	3
From country 5 [Portugal]:	3
From country 6 [Netherlands]:	5
From country 7 [Belgium]:	2
From country 8 [Italy]:	3
From country 9 [Hungary]:	3

Total number of participants:	52	From total number of countries:	9

Description

Event Overview:

The 2-day-workshop was designed to facilitate exchange about the connections between climate change, democracy and sustainable transformations and the personal role that young people play in it. The learning experience was structured in different phases:

- Understanding the realities of the climate crisis and all connected crises
- Understanding the causes of these crises and how they are connected. What are the interconnections of climate crisis, justice and politics?
- Acknowledging the realities of the crises and what kind of feelings arise in this context.
- Taking action: how can we contribute personally to collective action for sustainable and solidary futures? What is our role in it?

Activities:

Day 1: Workshop on Climate Justice and Antifascism

1) Welcome and Introduction into the project U4EU 2.0, the workshop topics and setting the tone for a mindful, respectful and open-minded atmosphere for the day

2) Ice-Breaker Activity: getting active, warming up the body and creating exchange between the participants, getting to know each other

3) Introduction into Politics and Policies, Human Rights and Climate Crisis Facts

4) Lunch Break

5) Exchange about the Intersections of Climate Justice and Antifascism

6) Input about Renewable Energy Policies and Politics

7) Climate Denial and Delay Strategies: exchange and game in groups to identify these strategies in communicative and news material from the participants countries

8) Youth Policy Recommendations: discussion and gathering of policy recommendations from the participants based on the following questions:

- What would you like to recommend to EU policymakers or policymakers in your country in the field of Climate Crisis, Sustainability, Climate Justice & Democracy?
- What can be done to prevent climate change delay?
- What do you recommend for successful sustainable and just environmental policies?
- What can the EU/my country do against the rise of fascist policies and for climate justice?

Day 2: Workshop on Active Hope and Resilience in Times of Crisis

1) Welcome back, Introduction into the workshop and Energizer: setting the tone, creating a safer space and getting active

2) Resourcing – Coming from Gratitude: exercise outside to get in touch with other beings, to connect with the gratitude in relation to nature, to reflect on the perceived separation of culture and nature, relationships with the 'more-than-human' and sources of energy

3) Spectrum Line of Ecological Emotions: creating space to exchange and share emotions and thoughts about the ecological crisis and the polycrisis in total, working through different emotions from concern to anger, grief and hope, acknowledging and differentiating even challenging emotions and transforming feelings of powerlessness

4) Lunch Break

5) Dreamjourney - Vision Building: participants were invited to envision what a good life means to them and how they can move in little steps towards this vision

6) Blackout/Erasure Poetry: this co-creative session opened up space to interact with the challenging realities of the climate crisis and connected crises in new ways that highlight emotions, beliefs and values through artistic means. Climate change reports from all nine participating countries were transformed into poetry in an empowering manner.

7) What changemaker are you? coming from big visions to specific steps and action. The participants reflected on the role they want to play in socio-ecological transformations and in support of their visions. Using yarn, they weaved a "web of interconnected actions" to show the importance of their different roles and their interconnectedness as changemakers

8) Conclusion & Evaluation of the Workshop

<u>Key Takeaways:</u>

Knowledge and Insights: Participants gained a deeper understanding of the realities of the climate crisis with the underlying systemic interconnections and power structures and the connections to politics

Call to Action and Practical Solutions: Through the activities, participants brainstormed and proposed actionable solutions to address the challenges discussed and aquired practices of resilience, active hope and action in times of crises

Networking Opportunities: Through the interactive character of the workshop and during the free time, the participants were able to connect, exchange contact information, and build a European network of young changemakers who can support and inspire each other beyond the summit with their respective skills and interests. They could exchange about the differences of their experiences regarding rising fascist and right-wing movements and effects of the climate crisis in their respective regions and find connecting points and the power in coming together in solidarity and working on solutions together

Future Involvement: Informing about future activities and encouraging continuous engagement and participation in the U4EU 2.0 project's upcoming events and activities