

## EVENT DESCRIPTION SHEET

PROJECT	
Participant:	7 – Multi Kulti Collective (MKC)
PIC number:	929567200
Project name and acronym:	Youth Shaping Europe's Tomorrow – U4EU 2.0

EVENT DESCRIPTION	
Event number:	10
Event name:	Training in Drafting Impactful Policy Recommendations (2 <sup>nd</sup> session in Brussels)
Type:	Training
In situ/online:	In-situ
Location:	Brussels, Belgium
Date(s):	8-9 January 2026
Website(s) (if any):	<a href="https://multikulti.bg/en/U4EU2.0">https://multikulti.bg/en/U4EU2.0</a>
Participants	
Female:	16
Male:	10
Non-binary:	0
From Bulgaria:	9
From Belgium:	3
From Italy:	3
From Portugal:	3
From Greece:	2
From the Netherlands:	1
From Hungary:	2
From Germany:	1
From France:	1
From Spain:	1
Total number of participants:	26
From total number of countries:	10

**Description**

*Provide a short description of the event and its activities.*

On 8–9 January 2026, Multi Kulti Collective organised the international training “Drafting Impactful Policy Recommendations” in Brussels. The event brought together 26 motivated young people aged 18-35 from 10 different European countries. The training was led by Bistra Ivanova and is part of the organisation’s ongoing efforts to empower young people to actively engage in democratic processes at the European level.

The training aimed to strengthen participants’ competencies in evidence-informed policymaking, EU-level advocacy, and structured stakeholder engagement. Through a combination of expert input, interactive lectures, practical exercises, and collaborative group work, participants explored how citizens and youth organisations can contribute meaningfully to EU decision-making processes and shape inclusive public policies.

The programme incorporated several hands-on components, including a Policy Analysis Lab, a Populism Stress-Test Clinic, and guided sessions on drafting high-quality recommendations aligned with EU priorities and frameworks. These activities enabled participants to apply new knowledge in a practical context, develop analytical and communication skills, and work in mixed-nationality teams.

The training created a space for exchanging experiences, ideas, and perspectives among young people from diverse cultural and professional backgrounds.

By the end of the training, participants jointly developed a set of actionable policy recommendations targeted at the European Commission, demonstrating the value of youth participation, cross-border cooperation, and co-creation methodologies. The event clearly showed that when young people are equipped with the right tools and knowledge, they can actively contribute to shaping Europe’s future policy agenda.

**PROGRAMME****DAY 1**

9:30 - Welcome

9:40 - Getting to know each other

10:10 - Project presentation, aims of the training & success criteria

10:30 - What is Europe for me?

10:45 - Team topics & roles

11:00 - Coffee break

11:30 - Policy cycle + SMART+E

12:00 - EU participation tools & advocacy channels

12:30 - Micro-demo: choosing the right EU route

13:30 - Lunch

14:30 - Policy analysis lab: problem tree + stakeholder & pressure map

15:00 - Populism & policy pressure

15:30 - Coffee break

16:00 - Drafting recommendations + advocacy targets & tactics

16:30 - Best practices from the EU

17:00 - Feedback and closure of the day

**DAY 2**

9:30 - Good morning, feedback from yesterday

9:45 - Populism Stress-Test Clinic

10:00 - Advocacy tactics sprint: targets, ladder of engagement, coalition & timeline

10:30 - Coffee break

11:00 - Creative Lab

11:45 - Evaluation & next steps

12:00 - Lunch

14:00 - Departures

**Key Takeaways:**

1. Youth can produce high-quality, evidence-informed policy recommendations when provided with structured guidance, expert input, and practical tools for analysis and drafting.
2. Combining expert sessions with hands-on methods – such as Policy Labs, stress-test clinics, and legislative theatre – significantly enhances participants' understanding of EU policymaking and strengthens their advocacy skills.
3. Cross-border cooperation enriches the learning process, as mixed-nationality group work fosters peer-to-peer exchange, intercultural dialogue, and diverse perspectives on common European challenges.
4. Interactive and practice-oriented learning formats (case studies, simulations, group work) increase participants' confidence and capacity to contribute meaningfully to EU decision-making processes.

The co-creation of concrete policy recommendations at the end of the training demonstrates the effectiveness of participatory methodologies in empowering young people to shape Europe's future policy agenda.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).