

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)

 *Please provide one sheet per event (one event = one workpackage = one lump sum.)*

PROJECT	
Participant:	7 – Multi Kulti Collective (MKC)
PIC number:	929567200
Project name and acronym:	Youth Shaping Europe's Tomorrow — U4EU 2.0

EVENT DESCRIPTION	
Event number:	9
Event name:	Training in Drafting Impactful Policy Recommendations (1st session in Bulgaria)
Type:	Training
In situ/online:	In-situ
Location:	Sofia, Bulgaria
Date(s):	16-17 October 2025
Website(s) (if any):	https://multikulti.bg/en/U4EU2.0
Participants	
Female:	26
Male:	14
Non-binary:	0
From Bulgaria:	22
From Italy:	2
From Belgium:	2
From Spain:	4
From Portugal:	2
From Hungary:	2
From Germany:	2
From Netherlands:	2
From Greece:	2

Total number of participants:	40	From total number of countries:	9
Description			
<i>Provide a short description of the event and its activities.</i>			
<p>On 16–17 October 2025, Multi Kulti Collective organised the international capacity-building training “Drafting Impactful Policy Recommendations” at SofiaLab. The two-day programme brought together 40 young participants from Bulgaria, Italy, Belgium, Spain, Portugal, Hungary, Germany, the Netherlands, and Greece, and was facilitated by Bistra Ivanova.</p> <p>The training aimed to strengthen participants’ competencies in evidence-informed policymaking, EU-level advocacy, and structured stakeholder engagement. Through a combination of expert input, interactive lectures, practical exercises, and collaborative group work, participants explored how citizens and youth organisations can contribute meaningfully to EU decision-making processes and shape inclusive public policies.</p> <p>The programme incorporated several hands-on components, including a Policy Analysis Lab, a Populism Stress-Test Clinic, and guided sessions on drafting high-quality recommendations aligned with EU priorities and frameworks. These activities enabled participants to apply new knowledge in a practical context, develop analytical and communication skills, and work in mixed-nationality teams.</p> <p>The agenda featured three guest experts, who provided concrete case studies and professional insights:</p> <ul style="list-style-type: none"> • Stefan Dimitrov (Invisible Animals) – shared practical experience in campaigning, strategic communication, and mobilisation for policy change. • Kamelia Dimitrova (Dignita Foundation) – presented effective approaches to combating human trafficking and designing survivor-centred policies. • Denislava Lyubomirova (Creatosphere) – introduced the innovative method of legislative theatre as a participatory tool for co-creating policy solutions with communities. <p>By the end of the training, participants jointly developed a set of actionable policy recommendations targeted at the European Commission, demonstrating the value of youth participation, cross-border cooperation, and co-creation methodologies. The event clearly showed that when young people are equipped with the right tools and knowledge, they can actively contribute to shaping Europe’s future policy agenda.</p>			
Day 1			
9:30 Welcome, aims & success criteria			
9:50 Getting to know each other			
10:20 Team topics & roles			
10:40 Policy cycle + SMART+E			
11:10 Coffee break			
11:25 EU participation tools & advocacy channels			
12:10 Micro-demo: choosing the right EU route			
12:30 Lunch			
13:30 Policy analysis lab: problem tree + stakeholder & pressure map			
14:20 Populism & policy pressure			
14:30 Expert talk: Kameliya Dimitrova, Dignita			
15:15 Coffee break			
15:25 Co-creation Sprint: Drafting recommendations + advocacy targets & tactics			
16:30 Legislative theatre: Denislava Lyubomirova, Creatosphere			
17:15 Feedback and closure of the day			
Day 2			

9:30 Good morning, feedback from yesterday

9:45 Populism Stress-Test Clinic

10:00 Advocacy tactics sprint: targets, ladder of engagement, coalition & timeline

10:30 Coffee break

10:50 Creative Lab

11:30 Presentation of Results

11:45 Next steps, evaluation & close

12:00 Lunch

Key Takeaways:

1. Youth can produce high-quality, evidence-informed policy recommendations when provided with structured guidance, expert input, and practical tools for analysis and drafting.
2. Combining expert sessions with hands-on methods – such as Policy Labs, stress-test clinics, and legislative theatre – significantly enhances participants' understanding of EU policymaking and strengthens their advocacy skills.
3. Cross-border cooperation enriches the learning process, as mixed-nationality group work fosters peer-to-peer exchange, intercultural dialogue, and diverse perspectives on common European challenges.
4. Interactive and practice-oriented learning formats (case studies, simulations, group work) increase participants' confidence and capacity to contribute meaningfully to EU decision-making processes.
5. The co-creation of concrete policy recommendations at the end of the training demonstrates the effectiveness of participatory methodologies in empowering young people to shape Europe's future policy agenda.

HISTORY OF CHANGES

VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).